NEW PHAZES

A I D S 10 YEARS
REMEMBER
RESPOND
RESOLVE

OCTOBER 1992

• COLORADO SPRINGS LESBIAN NEWSLETTER •

Vol. 5, No. 3

Dear Community:

Welcome to a changing newsletter! It's been an exercise in living with contradiction to produce New Phazes since last October, what with the rigors of Amendment #2 in our faces. Crazy wisdom has allowed some of us to go beyond the paralyzing fears and the damage done by our neighboring homophobes. Hey, we're multi-dimensional womyn! We'll deal with it! "All we are saying/is give peace a chance..."

* Please check your mailing label. If the word "trial" appears on it, the very issue in your hands is the one-and-only you'll receive free of charge. If "renew" is stamped in red ink, you'll receive two more issues...and that's it. The staff is continually striving to be commercially viable while putting out a newsletter that makes a difference in difficult times. How we can be smart about the world, tell the truth about what's happening in it and set a little space aside to have fun while we're thinking about it all. (Help! My breasts are out of control!) Your financial support is greatly appreciated.

* Stop, read and listen to the following October events: 5th - Concrete Blonde in Colorado Springs (call KRCC for more information); 9th - Last day to register for voting in the November 3rd election; 10th - Deadline for ads/articles for the November issue of New Phazes; 11th - National Coming-Out Day; 15th & 16th - Mary Chapin-Carpenter at the Boulder Theatre; 19th - If you're in San Francisco, The Girl Spot (6th & Harrison) is giving away an Olivia Cruise vacation; 24th through January 12th - The world's first big Matisse retrospective at the Museum of Modern Art in New York City (features paintings, drawings, prints and sculptures of nude women - experience a frazzle of color and pattern); **27th - Collating November's issue at Abaton Books, 6 p.m.**; and last, but not least, the 2nd Annual Lesbian Mixed Doubles Tennis Tournament (butch/femme) is being held at Mills College in Oakland, California.

* My favorite season is here - fall - where birds change color and fall from the trees (if you're living in L.A., that is). Open your eyes and put the gorge back in gorgeous...and get rid of that summer pookiness!

vote

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READER'S FORUM

ANOTHER AMENDMENT

By now you all know about the constitutional amendment proposed by Colorado For Family Values (CFV) which would make it illegal to grant lesbians and gays our civil rights in the state of Colorado. This amendment, which will be #2 on November's ballot, is not the only constitutional amendment Colorado voters will decide upon in the fall election. Constitutional Amendment A deserves your attention as well.

This amendment is an attempt to grant equal justice to victims of crimes. These victims know from experience that while offenders are informed of their rights, victims rarely are. For example, should somebody be convicted of gay-bashing you, you would not necessarily be informed of the proceedings when your attacker is sentenced. Under the present Colorado criminal justice system, there are no guarantees that victims of crimes will be notified, present, or heard from at any criminal justice proceedings.

Constitutional Amendment A would change this without impairing the rights of the accused in any way. All this amendment does is afford a crime victim "the right to be heard when relevant, informed, and present at all critical stages of the criminal justice process." This amendment does not require victims to be present. Returning to the example above, should this amendment pass, you would be notified of all proceedings involving the convicted gay-basher. At sentencing, you would be guaranteed the right to inform the judge of the impact this crime has had on your life.

So, when you go to the polls to vote in November, remember to vote NO on #2 and YES on Constitutional Amendment A.

*****

NEW ORGANIZATION FORMED

Dignity/Southern Colorado, an organization for lesbian, gay and bisexual Catholic people and their friends, formed recently in Colorado Springs.

The group meets twice monthly for Mass on the first and third Saturdays at 7 p.m. at Sacred Heart Church, 21st and W. Colorado Avenue. An informal social gathering follows.

In only two months, close to 40 people have participated. The group also plans outreach efforts to Pueblo and other southern Colorado communities. Future plans include social functions, a newsletter and ministry to the AIDS community.

If you would like more information, please call Michael at 635-5773. Leave a message. You may also write to Dignity/Southern Colorado, P.O. Box 1172, Colorado Springs 80901.

*****

RAINBOW HOUSE NEEDS YOUR HELP

Located at 523 W. Pikes Peak Avenue in Colorado Springs, this shelter for those with HIV is seeking donations of newspapers, aluminum cans and glass with which to raise money. The residence is in need of lawn care, food for the yard's birds and squirrels, and volunteers to help maintain the inside and outside areas. Those people living there would greatly appreciate visitors and/or phone calls.

For more information, please call 574-8711 or 471-8711.

Dear New Phazes women,

The September issue of New Phazes included as an insert the community center's newsletter, Community Vision. So far (and I admit it's only been 10 days) out of the more than 400 women who received the newsletter and aren't community center members, the center has received exactly zero--that's right, 0--responses.

On Friday, September 11, the Second Annual Lesbian and Gay Community Congress was held. Although last year one hundred people attended the first congress, this year only thirty-three people--including 14 women--came.

The community center literally can't do it without you. Please join the center and having done that, please participate in community events. Without participation, it's hard to say whether we actually have a "community" here. An annual membership costs just $10 for an individual, or $15 for a household, to P.O. Box 574, CS 80901. Thanks.

Robin Miller
President, Pikes Peak Gay and Lesbian Community Center

*****

Two years ago Commercial Cleaning Technicians, Inc., was approached to sponsor a woman's softball team. I knew nothing about the game but felt it would be a worthwhile venture. I managed just this year to start attending the games and am now proud to soy that I am a full fledged fan. The C.C>T>I> team is just a joy to watch and they've brought us for beautiful trophies, two of them league championships, which I proudly display in the C.C.T.I.office.

I encourage women business owners to sponsor at least one tournament and take the time to watch. You will have a great time and I'm sure the players will love the support. The regular season games are free and are held on Wednesday evenings at the 4 Diamond Complex on N. Nevada beginning in May. Tournaments are held in various places and a schedule can be obtained from Coral Feathers at All American Sport or the Recreational Office next season.

Congratulations to the C.C.T.I.team, this year's Women's Wednesday Night Competitive League Top Division Champions, from Patti Howell and the staff of Commercial Cleaning Technicians, Inc. Coached by Carol Feathers, these thirteen women began the season by winning the pre-season tournament, finished the regular season with a 10 and 1 record and capped this winning year with the League Championship. We can't wait to see what happens next year!

*****

Pikes Peak Woman's Festival at U.C.C.S. October 21st from 9am - 4pm. The festivities will be held in the University Center Building, Alumni room 125. Speakers include: Margi Duncombe on Amendment 2, Soltahr on Paganism and Michelle Dahlin on Woman's History of the Vote. Call Woman's Information Center at U.C.C.S. 593-3197 if you need more info.

DEADLINE APPROACHES

Performers interested in performing at the April 25, 1993 March on Washington rally need to submit their promo kits by October 10, 1992. All promotional kits will be reviewed by rally co-producers Robin Tyler and Michelle Crone. Decisions will be made ASAP after the deadline. Materials and tapes should be mailed to Michelle Crone, 486 Madison Ave., Albany, NY 12208 or Robin Tyler Productions, 15842 Chase St., North Hills, CA 91343.

Volunteer sign language interpreters are needed for the rally and other March on Washington events. Interpreters who want to help should contact Michelle at (518) 463-1051.

*****

NATIONAL COMING OUT DAY!

In the spirit of coming to terms with who we are, we wish everyone a happy Coming Out Day! October 11 was so designated as it commemorates the 1987 March on Washington for lesbian and gay rights and the inaugural visit of the Names Project to the nation's capitol. Celebrate the day and come out to someone you love!

*****

COMING-OUT DAY PHOTOS REQUESTED

National Coming Out Day and The Lesbian & Gay Public Awareness Project are calling on professional photographers and wannabes to send in their "family" photographs taken on October 11. The groups are producing a photo project that will serve a sort of "day in the life" of gay and lesbian America.

All aspects of the community are ripe for the snapping; in fact, organizers encourage inclusion of all lifestyles as well as all ethnic, age, economic and racial groups. Those interested in submitting or further information, call (505) 982-2558 or (818) 990-8000.

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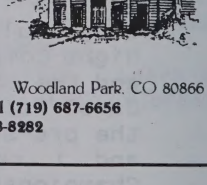

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CREATIVE CORNER

Edited by Reggie Dipadova

I AM WOMAN

The creator.
I control my body
As I control my destiny
And the destiny of all tomorrows.

I release your shackles,
Embrace my liberty.

I will no longer
Fear your anger,
Carry your rib of guilt,
Submit to your rape,
Degradation,
Or breed for your
Slaughter and neglect.

I am bitch,
Keeper of the lair.

With mirth I return
The name
You so condescendingly
Gave me

And I say to you,

Wooooooo ------ man,

It's my turn.

Gaea

Chance Encounter

Walking
looking down at the side walk
counting the squares and cracks
Aimless.
Shoes
entering the foward square
my eyes travel the length of her body
Face.
Mouth
looking at me with a smile
I see her eyes
Violet.
Electric
carress me with your eyes
current through my body
Sound
Polite
"Excuse me"
we move on our separate ways
good-bye.

Sindi McBride

The Warrior

In one hand she holds her weapon of pain,
in the other her sheild of fears.
She keeps herself well protected, ready for the next battle.

An incredibly beautiful womyn
whose sweetness shines from her eyes.
True love is what she yearns,
to be held in someone's arms and never let go of.

And yet___
As much as she knows she has survived the toughest part
of the battle,
the scars stay alive inside her mind.
Alone she chooses to sit,
secrets locked away.
"It's safer that way", she says
holding on to her weapon and sheild.

REG.

baby Vo
New Ph

BITS & PIECES

By Jacquelyn Beyer

Quote of the Month: Molly Ivins reporting on the GOP Convention in *The Nation*, 9-14-92: "The gay-bashing at the convention would have been offensive even without the AIDS epidemic. Have they no shame, at long last have they no shame? I watched delegates who are the mothers of gay sons sit there and listen without protest. I don't know what it says about their family values."

Law and Politics: The American Bar Association has not only taken a pro-choice stance during its August meeting but has also voted 318 to 123 (house of delegates) to grant affiliate status to the National Lesbian and Gay Law Association. This was voted down only last year.

Families--West Coast: Mary Newcombe, a lesbian staff attorneyfor the Lamda Legal Defense Fund, a gay/lesbian legal group, has been appointed to the Los Angeles adoptions commission by county supervisor Ed Edelman. Bit by bit, step by step.

Military Homophobia: Just so you can say you saw it here first. Even if Bush wins in November the odds are better than you will find on any other issue that the Pentagon will lift the ban on gays and lesbians after the election. The three weeklies directed toward military readers (*Army Times, Air Force Times and Navy Times)* have called for a change in policy--either a ban or, in the Navy paper, continue the ban but no enforcement (?!#). Sen. DeConcini from Arizona (D) has requested Secretary Cheney to drop the ban if an independent study cannot find a rational basis for the policy. Courts are increasingly requiring the Pentagon to make a stronger case than they have to date. And Clinton has already promised a change and Bush would be a lame-duck.

(cont'd on pg. 8)

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<<<< HEY does anyone know of a used car for sale. We are in need of one that is reliable (the body can be trashy -- just so it runs well.) We can afford about $ 300 to $ 400.>>>

baby, ! ew s. a le

LCC INFO

By Shellie duBois

NOTE: The October LCC meeting on Saturday, October 10th, will be held at LeAnne and Dena's (not at the duBois home - my due date is October 13th). Call Shellie or Carol at 570-1599 or LeAnne or Dena at 597-7685 or Robin at 578-5184 for directions.

Pregnancy Update: The pregnancy is going well. The baby seems healthy. I will be starting disability soon for my back and am trying to plan little tasks to keep me from going stir crazy.

Recently, I ran across a doctor who really surprised me regarding her perceptions of what it means to be Lesbian/Gay.

I was having my first appointment with her. It was obvious she had not read clearly what I had written on her forms, because she was assuming that I had been pregnant before. I had to make it clear that this is my first pregnancy, because I was seeing her for complications of my pregnancy. It actually took me saying "I am Lesbian" not once, but *twice* before she caught on.

Shortly thereafter, I had trouble from my insurance carrier. They needed a letter from the doctor stating that my problem was a complication of my pregnancy. The doctor sent her 4 page analysis to the insurance company. Under the heading of social standing, she stated that I am Lesbian.

I approached the doctor about how I was emotionally torn about having that I am Lesbian written on my permanent medical records. On one hand, it keeps me from having to come out to everyone personally. On the other hand, it sets me up for discrimination. The doctor's response was, "You can't be discriminated against." I replied, stunned, "I wish." I went on to pick my brain for blatant examples of recent discrimination. She was amazed. She also expressed her great displeasure that anyone should STILL be discriminated against. I am amazed that someone of her education and anti-discrimination stance should be so ignorant of what we still have to put up with.

Obviously we need to keep educating the public about the discrimination we experience. Education is vital between now and November 3rd!

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PRIDE

Lifestyles: Wouldn't you love to have a definitive definition of *this* buzzword? Along with "family" and "family values?" Amid all the flotsam on the electoral beach is the interview with George Bush on Aug. 11, NBC where he responded that he would comfort a grandchild who came out to him as gay, but would remind the child that homosexuality is not normal and discourage him or her from working for gay rights. He would not want that child proposing the normality of such a "lifestyle". Up until the campaign all we have heard about that lifestyle is that "it" is not only perverse and immoral--full of promiscuity, anonymous sex, child recruitment and abuse, self-hatred--but also doomed and criminal. Now, faced with example after example of perfectly normal and productive men and women who struggle to find stability in their need for comfort, love,sex and respect, we hear that "it" includes demands for the same kind of social support that other men and women use to affirm their lives and choices. With partners and/or children. No wonder homophobic discourse sends a rational person up the wall.

Families--East Coast: Florida state law forbids adoption by lesbian or gay parents, but Sharon McCracken, an openly lesbian resident of Fort Lauderdale, has been licensed by the state Dept of Human and Rehabilitative Services as a foster parent. It may be that social service professionals are beginning to understand the problems of throwaway children whose biological parents cannot accept their coming out.

Bottom Line: The Huntington, West Virgina prez of the Chamber of Commerce has called for a ban on antigay discrimination on the grounds that such a ban would reassure potential relocation decisions by gays and lesbians. **NO on 2!**

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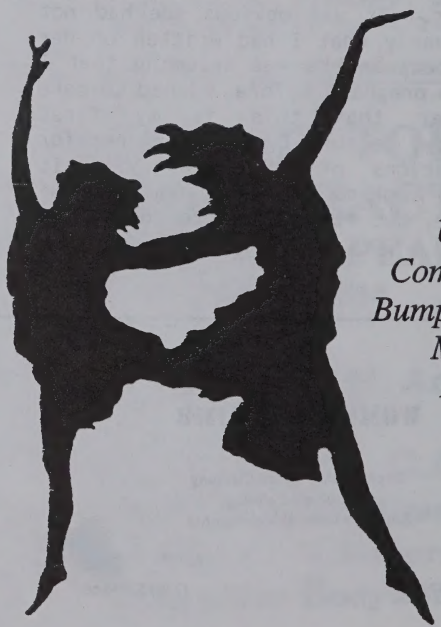

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"JUMP UP AND KISS ME," I SAID.

ALL THE TUNES FIT FOR REVIEW

By Jocelyn Sandberg

JOAN ARMATRADING
SQUARE THE CIRCLE
A & M

First of all you must know, I'm Joan's biggest fan. And so, keeping that in mind you can continue reading this non-biased review of her new one, as well as a few bits of info about her live performance. Joan is God (Goddess, for those of you needing the"politically correct" version of a non-gender title), God is Joan, or at least that's how I've felt for close to twenty years of listening to her. Yes, believe it or don't, Joan Armatrading's career has already spanned twenty years! She has thirteen albums to her credit and she continues to amazing and delight me and millions of hardcore fans worldwide. Her most recent work is titled "Square the Circle" and as per the norm (that's for you Pam), is on the A & M label. The production quality is always awesome as well as the talent that Joan has been able to round-up for the studio time. She plays producer again on this release which basically means she has complete control of her art from start to finish. The package includes some of the sweetest love songs as well as those fun rockers with great bass lines we have come to expect from Joan. I've always appreciated her ability to fuse so many genres of music to make the very distinct and unique sound that is Joan. A fine example of this fusion can be heard in my favorite track titled "Crazy." I hear jazz, funk, rap, and even a bluesy thing all happening in one song. It's neat, tight and sharp. Nobody but Joan could pull it off so coolly. Another thing that she's got down is packing so much meaning/intensity into every lyric and note. She writes very simple and direct lyrics and envelopes it in beautifully arranged layers of music. The words and music meet as very powerful equals, neither overwhelming the other. They come to life through Joan and live, I sense, beyond Joan.
My personal picks on this fine album (and it was tough to narrow it down) were "Crazy," "Square the Circle," "Can I Get Next To You," and "Cradled In Your Love." There are ten tracks on "Square the Circle," all wonderful tunes. Pick it up and give it a listen.

As far as her live performance in Denver back in September, well....where do I begin? She played great....never long enough, however. She had an awesome five piece band with her. She unfortunately, rarely picked up her guitar. She looked better than ever, must have dropped at least a few pounds since her last pit stop in Colorado back in 1990. She also really seemed genuinely happy and at ease with herself and her drooling, delirious fans of which I was just one. Pretty much at the last minute the venue was changed from Red Rocks to the Temple Buell Theatre due to poor ticket sales. That was most likely the best thing that could have happened both for Joan and the public. It is a great little theatre and made for an intimate setting. The audience did not allow her to speak for all their adoration. Joan was very gracious and while she was waiting for us to settle down she gave us a smile that would stop traffic and literally lit up the room. I can tell you that I was reeling when the show came to it's all too soon close. I was only trying to come back down to earth when I came across the limo that was to zoom her away. I paused and thought I'd just see what happen. A few minutes passed and she came out and spoke to us with that super british accent. She was almost shy and yet she shook my hand firmly and looked me in the eye. Immediately I noticed how small her hand was. I jabbered at her for a while, got an autograph and ran away with one pure thought...Joan is God, God is Joan!

Until next edition, remember to VOTE. Your future and mine is on the line. Now more than ever LET'S ROCK!

SPECIAL ARTICLE

PAGANISM: AN ALTERNATIVE LIFESTYLE

Soltahr

When my talk at the EOP school was cancelled along with the panel of Gay and Lesbian folks, we were thrown into the same boat. But, believing as I do that something positive can always come out of a seemingly negative situation, I chose to find out who my boat companions were. At a small demonstration at the District 11 administration building, I became acquainted with many of you, some of whom have come to some of our gatherings, and some I would call new friends. We have much more in common than you know.

While I consider myself heterosexual, I come from a religion that views the individual as having personal responsibility regarding their choice of lifestyle. Our main tenet is "Harm None," and as long as our actions fall within that simple yet complex guideline, essentially anything goes. The neo-puritans view us also as a threat to society and the family because of your non-mainstream ideas and our tolerance for the individual choice of sexual orientation and free expression thereof.

But let me start at the beginning. Paganism is often called the "Old Religion," simply because its roots are pre-Christian. Our celebrations center around the seasons of the year and the phases of the Moon. We see the Earth as our Mother who nurtures, feeds and provides for us. We give thanks for the cycles of the Sun that we view as a continual wheel of birth, life, death and rebirth. Central to our beliefs is the Goddess, or the female aspect of life. It is our feeling that our world has been ours to balance for so long because of the Patriarchal rule that relegates women to second class citizenship, and insists that men are the sole rulers of society. We attempt, through our worship, to regain the balance that has been missing for so long.

Women in our religion are, like myself, Priestesses, and very much a part of our ceremonies. Indeed in most covens and circles, the Priestess has the final word about the goings on. There are many various traditions or systems of thought within Paganism and Wicca. Some covens are Dianic, made up of women only, many of them lesbian, who venerate the Moon Goddess Diana. Diana is the huntress, who is at once a warrioress, and protectress of wild creatures, small animals and children. Her women come together to celebrate her at the full moon and at other times. Through the ages, many sonnets, poems and songs have been written singing her praises and asking for her blessings. Because our Goddesses are a part of us, we come to see Her in the eyes of our sisters, Mothers, lovers and friends. There is no separation. Our goddess is not an untouchable entity out there somewhere. she lives and breathes within us, is touchable, and can be brought into our circles to aid us and impart to us her ancient wisdom of woman. All life is seen as coming from Her and returning to her. She, like ourselves, is the life giver and nurturer, and that position is venerated, because it should be.

Men also find a home in the Pagan and Wiccan belief system, because they also have been harmed by the thousands of years of Patriarchal rule. They have been taught that they cannot be soft and nurturing, and that to be a "true" man, they must ignore their feminine side. The manifestation of this is easy to see. Many men are domineering, often to the point of violence. They are distant from women and their children, because they have forgotten how to feel, how to cry, how to look within and recognize their inner self. There are many men's groups that get together to reclaim what they have lost. They are finding new ways to relate to each other, to women, and as lovers. They are freeing themselves from the bonds of false "manhood" and are finding new roles for their lives. In Paganism, the God of the wild is Pan, Yes, the Horned One who was turned into the devil by the new religion hundreds of years ago. But he has remained for us as he always was meant to be--sexual without being violent, sensual, fun, and also a protector of the wild and all the creatures that have come from the Mother. he is caring and sensitive, and not afraid to be so, because he is secure in his maleness.

(continued next month)

AMENDMENT 2 PROMOTES DISCRIMINATION.

IT'S NOT ABOUT SPECIAL RIGHTS.

"Stripped of all its fancy words, proposed Amendment 2 simply says that gays and lesbians can be discriminated against, and they can't complain about it. That's not right."

WHAT'S DISCRIMINATORY ABOUT AMENDMENT 2? Gays and lesbians, Amendment 2 says, can't make any "claim of discrimination." This clause, stuck away at the end of the amendment, is the most important part of the amendment and the least publicized. This language would make gays and lesbians the *only* group in America to be barred from asking for or ever receiving protection from basic discrimination. That means gays and lesbians could be fired from their jobs, evicted from their homes, or not served in restaurants–simply for being gay.

WHAT ABOUT THE "MINORITY STATUS, QUOTA PREFERENCES, AND PROTECTED STATUS" LANGUAGE IN THE PROPOSED AMENDMENT? WHAT ABOUT THE "SPECIAL RIGHTS" THAT COLORADO FOR FAMILY VALUES TALKS ABOUT? Colorado does not have, and has never had, any laws, policies or ordinances that give gays or lesbians any sort of minority status or quota preferences. However, three Colorado cities (Denver, Boulder, and Aspen) have passed non-discrimination ordinances, to prohibit discrimination in employment, housing and public accommodations. These ordinances apply to a wide variety of people, not just gays and lesbians. Churches and small rental unit owners are exempt from these ordinances.

Colorado For Family Values, the group that is pushing Amendment 2, calls these three city ordinances "gay rights" ordinances. CFV would like you to believe that the basic protection granted by these three city non-discrimination ordinances constitutes "protected status" or "special rights" for gays and lesbians. However, these three city civil rights ordinances also provide basic discrimination protection on the basis of race, color, national origin, religion, gender, marital status, disability, and age. In Boulder, this discrimination protection also extends to pregnancy, parenthood, and custody of a child. The vast majority of people in these three cities qualify for and benefit from the protections of these city ordinances.

Colorado For Family Values also wants you to believe that gays and lesbians must meet certain requirements before they can become eligible for protection from discrimination. Clearly this is not true. Just as unmarried people and people practicing different religions are protected from basic discrimination without meeting income or influence criteria, so other citizens can also be protected from arbitrary discrimination in housing or from being fired from their jobs.

Proposed Amendment 2 would make it impossible for gays and lesbians in Colorado to ever seek redress against even the most blatant job or housing discrimination–*and that's not how we should treat people in America!*

IF AMENDMENT 2 DISCRIMINATES, HOW CAN IT BE CONSTITUTIONAL? Under Colorado law, constitutionality is determined only after the amendment is voted into law. If approved by the voters, the only immediate effect of Amendment 2 will be a lengthy and expensive court battle at the state and federal levels, at taxpayer's expense. Ultimately, the amendment is likely to be held unconstitutional.

DON'T ENCOURAGE BIGOTRY--VOTE NO ON 2!

For more complete information on Amendment 2, contact Citizen's Project, Box 2085, Colorado Springs, CO 80901, or phone 685-9899. We will send you a packet of Amendment 2 materials, both pro and con (including the Colorado legislative analysis) for your further information. EPOColorado Springs: 593-6015

REMEMBER!!!! The last day you can register to vote is October 9th. We need your vote to defeat this amendment! REGISTER TODAY!!

For more info. on where you can register in your area call Voter Registration: 520-6225

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Friday, October 23 7:30pm

Women's Workshop: "An Ovular In Sex and Intimacy"
Saturday, October 24 10am-4pm
Sheraton Denver Tech Center

CRIS WILLIAMSON in concert
Saturday, November 7 8pm Boulder Theater

Rocky Mountain Spiritual Emergence Network welcomes

STARHAWK

Lecture: "Myths For The Next 500 Years"
Friday, November 13 7:00pm
Boulder Theater

Program for Women: "Women's Stories: Women's Healing"
Saturday, November 14 10am-5pm
Boulder Elks Lodge

Program for Men & Women: "Creating Rites of Passage"
Sunday, November 15 10am-5pm
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1992

September 27

Calendar

SUNDAY	MONDAY	TUESDAY	WEDN
Sept 27 5:00pm PPMCC Services 634-3771 or 391-0110	**Sept 28** 5:30pm Gay & Lesbian Youth Goup call Regina 636-1711 8:00pm G&L AA	**Sept 29**	**Sep** 7:00pm On 471-4429
Oct 4 5:00pm PPMCC Services 634-3771 or 391-0110 6:30pm EPOC MTG @ CC 593-6015	**Oct 5** 5:30pm Gay/Lesbian Youth Group Regina 636-1711 8:00pm G&L AA 8:00pm Concrete Blonde @ PP Ctr	**Oct 6**	**Oc** 2:00pm Tro 730 N. Tej 7:00pm On 471-4429
Oct 11 5:00pm PPMCC Services 634-3771 or 391-0110 8:00pm Cat On A Hot Tin Roof @ UPSTART 634-9441	**Oct 12** 5:30pm Gay/Lesbian Youth Group call Regina 636-1711 8:00pm G&L AA	**Oct 13**	**Oc** 6:30pm P-I call Alan 7:00pm Or 471-4429
Oct 18 5:00pm PPMCC Services 634-3771 or 391-0110 6:30pm EPOC MTG @ CC 593-6015 8:00pm Love Letters @ UPSTART 634-9441	**Oct 19** 5:30pm Gay/Lesbian Youth Group call Regina 636-1711 8:00pm G&L AA	**Oct 20**	**Oc** 7:00pm O 471-4429
Oct 25 Daylight Savings 5:00pm PPMCC Services 634-3771 or 391-0110 8:00pm UPSTART event see 10/24	**Oct 26** 5:30pm Gay/Lesbian Youth Group call Regina 636-1711 8:00pm G&L AA	**Oct 27**	**Oc** 7:00pm O 471-4429 8:00pm Tl & Terror
Nov 1 5:00pm PPMCC Services 634-3771 or 391-0110 6:30pm EPOC MTG @ CC 593-6015 8:00pm V.L.ofS./C. UPSTART	**Nov 2** 5:30pm Gay/Lesbian Youth Group call Regina 636-1711 8:00pm G&L AA	**Nov 3** DON'T FORGET TO VOTE!	**N** 7:00pm O 471-4429

- November 7 1992

f Events

DAY	THURSDAY	FRIDAY	SATURDAY
30 Another	**Oct 1** Count Me In 471-4429 8:00pm Cat On A Hot Tin Roof UPSTART 634-9441	**Oct 2** 8:00pm G&L AA 8:00pm Cat On A Hot Tin Roof UPSTART 634-9441	**Oct 3** 7:00pm Dignity Mtg @ Sacred Heart call 635-5773 8:00pm Cat On A Hot Tin Roof UPSTART 634-9441
7 rry @ Another	**Oct 8** Count Me In 471-4429 8:00pm Cat On A Hot Tin Roof @ UPSTART 634-9441	**Oct 9** LAST DAY TO REGISTER TO VOTE 8:00pm G&L AA 8:00pm Cat On A Hot Tin Roof @ UPSTART 634-9441	**Oct 10** LCC Mtg 597-7685 EPOC Benefit @ Penthouse 597-3314 8:00pm Cat On A Hot Tin Roof @ UPSTART 634-9441
14 G Mtg 429 Another	**Oct 15** Count Me In 471-4429 8:00pm Love Letters @ UPSTART 634-9441	**Oct 16** 8:00pm G&L AA 8:00pm EPOC Benefit "Voices"@ 730 N. Tejon 8:00pm Love Letters @ UPSTART 634-9441	**Oct 17** Conversation w/R. Rohr 632-6189 7:00pm Dignity Mtg call 635-5773 8:00pm L.L. UPSTART 634-9441
21 Another	**Oct 22** Count Me In 471-4429 8:00pm Vamp.Lesbians of Sodom/Coma @ UPSTART	**Oct 23** 8:00pm G&L AA 8:00pm Vamp.Lesbians of Sodom/Coma @ UPSTART	**Oct 24** 8:00pm Vamp.Lesbians of Sodom/Coma @ UPSTART
28 Another of Pain PSTART	**Oct 29** Count Me In 471-4429 8:00pm Theatre of Pain & Terror @ UPSTART	**Oct 30** 12:00am Theatre of Pain & Terror @ UPSTART 8:00pm G&L AA 8:00pm V.L.ofS./C. Upstart	**Oct 31** Halloween 12:00am T.of P.& T. UPSTART
4 Another	**Nov 5** Count Me In 471-4429	**Nov 6** 8:00pm G&L AA	**Nov 7**

F.Y.I.

Did you ever wonder who invented the vibrator???

It wasn't Hitachi or General Electric. The honor goes to two unsung, and unwitting, 19th century sexual heroes, an American, Dr. George Taylor, and a Brit, Mortimer Granville, both of whom considered their inventions medical instruments, not sex toys. During the Victorian era, sexual deprivation caused half to three-quarters of womyn to suffer "hysteria" (Greek for uterus), which caused anxiety, irritability, distraction, sexual fantasies and "excessive" vaginal lubrication. Physicians treated hysteria by manually massaging women's vulvas until they experienced relief through "paroxysm" (orgasm). During the 18th and early 19th centuries, health spa physicians began offering hysterical womyn treatment with pressurized water jets, the forerunner of the shower massagers many use for masturbation today. Then, in the 1860s, Dr. Taylor introduced a coal-fired, steam-powered massage device that worked but was expensive and not at all portable. Two decades later, when batteries became powerful enough to operate small appliances, Granville modified Taylor's cumbersome rudimentary vibrator into his more compact "percuteur," a muscle massager for men that he considered "morally indefensible" for use on womyn. But doctors ignored him and used it extensively for treatment of hysteria. As the Victorian era gave way to the Roaring Twenties, vibrators stopped being marketed just to doctors for treatment of hysteria and became household massagers. The 1918 Sears, Roebuck catalog offered one for $5.95, calling it an aid "every woman appreciates." Of course, the device's sexual purpose remained camouflaged behind the euphemism of massage. Sex-toy catalogs promote vibrators for masturbation and couple fun, but today, major catalogs and department stores continue to market the same vibrators disguised as massagers.

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SPECIAL ARTICLE

SO, WHAT'S A LESBIAN FESTIVAL, ANYWAY?

by Regina Dipadova

I recently returned from my second West Coast Women's Music & Comedy Festival, which is held directly outside Yosemite National Park, California. Since there are so many festivals (Michigan, New Mexico, Georgia, New York and more), I thought it was important to share my experience with readers who have never been to a festival, in order to give them an idea of what the big deal is.

The 'big deal' is spending five days camping in a secluded area with thousands of lesbians. Lesbians of different shapes, sizes, color, womyn with children and womyn physically challenged. Womyn from different states and countries. Womyn who are all on vacation, giving it a very relaxed atmosphere. Unlike the bar scene, it's very easy to make conversation with womyn you don't know. The festival producers try to accommodate everyone by providing different camping areas: clean & sober, chem-free, rowdy, R.V., S & M, and general camping.

Once out of your tent, having showered and eaten breakfast, you have your choices of what to do with your day. You can go to the Day Stage and listen to live music performed by major lesbian recording artists. You can go to your choice of workshops facilitated by respected lesbians who are knowledgeable in their fields. Workshop topics included relationships, sexuality, womyn defending themselves, HIV awareness and much, much more. The West Coast festival also offers boating, a swimming pool, country line dancing lessons, basketball, volleyball and a crafts area. There's plenty to keep one busy. At night, the Night Stage offers more comedy and music. After the performances, a live-music dance is offered. Food, mostly vegetarian in nature, is included in the price of a ticket; however, a person can buy hamburgers and such. Each festival offers its own uniqueness and all festivals are worth their prices.

I believe every lesbian should try a festival at least once. The empowerment you feel being a lesbian can only be experienced from a festival. Only a festival allows you the opportunity to feel the majority: no men, no right-wing B.S., no patriarchy for five days! Yes, there are womyn who walk around naked or with their shirts off and there are womyn who keep their clothes on. It's just an incredible experience. It's like living in a utopia of womyn with no prejudice. The only negative thing about a festival is when it's over and a person has to return to the homophobic world.

So, there you have it. I hope you'll consider attending a festival next year. Check with Tamara at Abaton Books for upcoming festival dates.

And please, don't forget about next year's MARCH ON WASHINGTON (D.C.) on April 25, 1993. SEE YA THERE!

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ABBIE'S HEALTH TALK

By Abbie Dring, Dipl. Ac. D. C.

Today, I will talk about insomnia. There are different types of insomnia, depending on what symptoms are present. Does the person have trouble faling into sleep or does she wake up during the night? Getting to sleep requires that there be enough Yin energy so that the person can close her eyes. One symptom of this is that the person wakes up with eyes wide open. "Yang must be able to return to the Yin" to become quiet.

There could be a REAL deficiency of Yin. (This could show as insomnia but feeling weak, tired; maybe having a hot head but cold feet, often there is dryness somewhere because Yin is moisture.) There could also be a normal amount of Yin but too much Yang (its opposite), so there is only an APPEARANCE of Deficient Yin. (This person would be much more irritable and may be hot all over. Sitting still might be difficult.) Blood nourishes the Yin so a Deficiency of Blood will cause the Yin to become Deficient as well.

Another aspect of sleep is that the Shen (we know it as the Spirit) must have a house in which to rest. This house is the Heart (in much more than the physical sense). When this house is disordered, the Shen cannot stay inside and must wander around at night causing restlessness.

There are other symptoms that I look for when a patient comes in with a complaint of insomnia.

* Does the person also have palpitations, forgetfulness, dizziness, irritability, or lumbar discomfort? This could mean Deficient Kidney Yin and Heart Blood and Yin. We must re-open the communication between the Heart and the Kidney.
* Are there any digestive difficulties such as poor appetite, tasteless food or lethargy? These could indicate Spleen Qi and Blood Deficiencies.
* Are there sore flanks? Easy anger? Bitter taste in the mouth? These indicate Liver and Gallbladder Fire.
* Easy wakening in fright, lots of dreaming, and/or timidity could indicate Deficient Heart and Gallbladder Qi.

All these conditions need to be treated differently; the underlying causes must be addressed before the symptom (insomnia) disappears.

An easy first-aid thing to do to help yourself to get to sleep is to rub the inside of the wrists. These are points that help calm the Shen, thus allowing sleep. Other points include points at the back of the neck right under the occiput. These also calm the mind. If you have racing thoughts, keeping a pencil and paper by the bed to write down "things to do" may help calm the mind.

The

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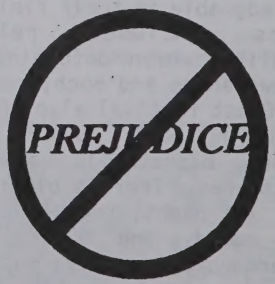

Just Vote No, Inc.; Norma Berndt, Treas.; P.O. Box 1834, Colo. Spgs., CO 80901

Dykes To Watch Out For

SWEET BIRD OF YOUTH
©1992 BY ALISON BECHDEL
144
MO IS WALLOWING IN HER JUST-DUMPED STATUS.
...THE TEARS OF LOVE'S RECALL... LIKE BLOOD TO CHOCOLATE FALL...
Tangy
ALBUM PLAYING OVER FOR THE TWENTY-EIGHTH TIME TODAY.
...LIKE BLOOD TO CHOC-WARBLE
SKREEK!
SNAP!
DAMN CHEAP TAPES.
KNOCK KNOCK KNOCK
OH, LOIS, WHAT DO YOU WANT?
JEEZ, MO. TRY AND CONTAIN YOURSELF. I JUST STOPPED BY TO SEE IF YOU WERE STILL A MESS.
I'M OKAY. WANT SOME CHEESECAKE?
(CHIP)
MO, YOU NEVER EAT THIS SHIT! WHAT'S THE DEAL?
IT'S CHEAPER THAN ORGANIC BROCCOLI. I'M ON A TIGHT BUDGET NOW. SINCE HARRIET MOVED OUT, I HAFTA PAY TWICE AS MUCH RENT.
SO GET A ROOM-MATE!
I LIKE BEING ALONE. DON'T YOU HAVE SOMEWHERE TO GO?
YEAH. I'M ON MY WAY TO THE LOVE TUNNEL. I WAS GONNA TRY AND GET YOU TO COME TOO.
THAT'S A MEN'S SEX CLUB!
NOT TONIGHT! SOME DYKES ARE OPENING IT FOR WOMEN ONCE A MONTH. LOOK! I BROUGHT SOME EXTRA DAMS FOR YOU!
OH, PUH-LEEZE. LESBIANS HAVING CASUAL, ANONYMOUS SEX IN PUBLIC? I DON'T THINK SO.
JEEZIZ, MO. SOMETIMES I THINK YOUR CLOCK STOPPED IN 1981! YOSHI SAID OPENING NIGHT WAS PACKED!
MY CLOCK ISN'T STOPPED, LOIS. I'M JUST AGING GRACEFULLY, UNLIKE SOME PEOPLE I KNOW WHO CHASE AFTER COLLEGE STUDENTS AND TRENDS IN A PATHETIC ATTEMPT TO DENY THAT THEY'RE TURNING THIRTY NEXT MONTH!
TWENTY-NINE! AND WHO ARE YOU CALLING PATHETIC, SITTING HOME ALONE EATING FROZEN FOOD OUTTA THE BOX? EXCUSE ME WHILE I MAKE SOME HUMAN CONTACT!
FINE! KNOCK YOURSELF OUT! BUT YOU'RE GONNA LOOK PRETTY STUPID IN THAT JACKET AND FLAT-TOP WHEN YOU'RE SEVENTY!

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EPOC CALENDAR
SUMMER 1992

Sun. October 4, 6:30 p.m. EPOC Meeting CO College

Fri. October 16, 8:00 p.m.
Voices, Performance Art Benefit for EPOC, Unitarian Church, 730 N. Tejon

Sat. October 17,
Conversation w/Richard Rohr, a Franciscan Brother on Amendment No. 2, 632-6189 for details

Sun. October 18, 6:30 p.m.
EPOC Meeting, CC Student Center

Sun. November 1, 6:30 p.m.
EPOC Meeting, CC Student Center

Last Day to Register is Fri. October 9! Don't Forget TO VOTE Tues. Nov. 3!!!

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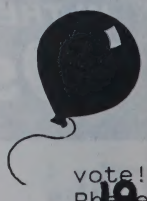

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Phases
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Dykes To Watch Out For

the PLOT thickens
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145
AN UNUSUAL NEW CONTRACT PROVISION HAS JUST BEEN IMPLEMENTED AT THIS COMIC STRIP. BY THREATENING A WALKOUT, THE RANK AND FILE HAVE GAINED COMPLETE CONTROL OF OUR STORY DEVELOPMENT DIVISION!
LET'S SEE HOW THEY'RE DOING...
DTWOF INC.
NO SOLICITORS
MAIL
CULTURAL ELITE AT WORK
OKAY. TONI'S PREGO, AND MO & HARRIET ARE HISTORY. NOW WHAT'S THE SKINNY ON YOU & MALIKA, GINGER? WE HAVEN'T HEARD A THING SINCE SHE CAME TO VISIT.
SOME OF US HAVE SEEN PLENTY, THOUGH! THAT WAS QUITE A LITTLE SHOW MALIKA TAPED OF YOU TWO IN BED!
HERE'S AN IDEA! HOW ABOUT IF I TAKE THEIR VIDEO WITHOUT GINGER'S KNOWLEDGE, AND SUBMIT IT TO AN AMATEUR LESBIAN PORNO CONTEST WHERE IT WINS FIRST PRIZE!
I LIKE IT! THEN ME AND SOME OF GINGER'S OTHER STUDENTS COULD SEE IT AT A PARTY AND THREATEN TO SHOW THE UNIVERSITY PRESIDENT UNLESS WE ALL GET A'S!
OH, PUH-LEAZE! WHAT ARE WE WRITING HERE, A TV MOVIE? THAT'S SHEER BATHOS! I DON'T THINK YOSHI SHOULD CONTRIBUTE UNTIL SHE PASSES MY FRESHMAN COMPOSITION CLASS!
LET'S REMEMBER TO KEEP OUR COMMENTS POSITIVE, GINGER. NOW, WHAT ABOUT YOU AND MALIKA?
WE'RE TOTALLY IN LOVE! JUST LOOK AT THESE PHONE BILLS. UH... I GET REIMBURSED FOR THIS, RIGHT? I MEAN, IT IS A BUSINESS EXPENSE!
HEY, IF SHE GETS HER PHONE BILLS PAID, THEN I OUGHTA GET HALF MY RENT PAID! I'M TOTALLY BROKE, AND IT WASN'T MY IDEA FOR HARRIET TO MOVE OUT!
HEY, HARRIET! WE'VE BEEN DYING TO KNOW... ARE YOU SLEEPING WITH THAT WOMAN WE SAW YOU WITH AT THE PRO-CHOICE RALLY?
WELL, NO... BUT IT MIGHT BE. AN INTERESTING PLOT DEVELOPMENT IF I DID HAVE AN AFFAIR WITH ELLEN. I THINK IT WOULD HELP FLESH OUT MY CHARACTER, SHOW US WHAT REALLY MAKES HARRIET TICK.
WHAT BULLSHIT! I THINK IT WOULD BE AN INTERESTING PLOT DEVELOPMENT IF ELLEN TURNED OUT TO BE A PRE-OP TRANSSEXUAL!
HEY, I LIKE IT! IT'S TIMELY, HIP, PLENTY OF HUMAN INTEREST!
WOULD WE HAVE TO CHANGE THE NAME OF THE STRIP? YOU KNOW, TO "DYKES AND TRANSGENDERAL PERSONS TO WATCH OUT FOR?"
COULD WE PLEASE STICK TO THE AGENDA? I'D LIKE TO MOVE THAT NO NEW CHARACTERS BE INTRODUCED UNTIL I GET PROPERLY ESTABLISHED HERE!
I THOUGHT I WAS GONNA GET TO BE A WHOLE, 2-DIMENSIONAL CHARACTER LIKE THE REST OF YOU! BUT NOOO. I JUST SHOW UP ON MY CRUTCHES EVERY TENTH EPISODE, LIKE A GODDAMN POSTER CHILD!
YOU THINK YOU HAVE IT BAD? TRY BEING A JEW IN THIS GOYISHER CARTOON! I GOT USED ONCE IN A PASSOVER STRIP 5 YEARS AGO, THEN BUBKES!
EXCUSE ME, BUT BEFORE WE GET INTO ALL THIS... WHAT ABOUT MY RENT CHECK?
HAVE THEY BITTEN OFF MORE THAN THEY CAN CHEW? STAY TUNED!

A NEW HOME: Lesbian Herstory Archives

Thirteen years after establishing a building fund to buy its own home, the Lesbian Herstory Archives in New York finally bought a building last December and expects to move in this fall.

When the building committee saw the building for the first time, they believe it cried out to them to become home to the Archives. From the classical moldings in the parlor/reading room to the turn-of-the-century wooden fireplace mantel and stained glass in the dining/media room, and the "hers and hers" mahogany and marble vanity areas, the building has the atmosphere the Archives was looking for. On the practical side, the building also is in good physical condition, provides sufficient space and needed minimum adaption for the group's purposes. It is located in the Park Slope neighborhood of Brooklyn, where a large concentration of New York dykes live within walking distance.

The Lesbian Herstory Archives is one of many lesbian community-based archiving efforts throughout the country. LHA provides assistance and support to many of these groups. The telephon number is (212) 874-7232.

Telling it like it is

"If you believe in womin, hold my hand!"

"Lesbians who are middle-aged and old are golden threads in the fabric of humanity."

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OUT IN THE WORLD

Few things can be as exciting as making contact with lesbians in another country. We really are everywhere, from Lagos, Nigeria, or San Jose, Costa Rica, to Kalamazoo, Michigan. The publication, "Out in the World: International Lesbian Organizing," is designed to help put readers in touch with lesbian groups around the world. It's not intended to be a comprehensive guide; groups inside the U.S. aren't discussed, for example, and "Out in the World" certainly doesn't include every country. But this guide is a way to begin to plug into a growing and dynamic international movement. It should be noted that many of the groups mentioned are mixed groups - lesbians and gay. There is no lesbian-only group in many countries, and lesbians may choose to work with gay men for very practical or ideological reasons. Lesbian-only or mixed groups have a lot to offer one another, from ideas on how to organize projects to new definitions of what it means to be a lesbian.

An example: In Taiwan, the first lesbian group in Taiwanese history, Wo Men Zhi Jian (Between Us), began functioning in February 1990. The core group of 35 women has contacts, through bars and individuals, across the entire island. They are expanding the network and seeking to improve media coverage about lesbians there. They are also beginning to write and translate lesbian material and would appreciate both written and visual material on lesbians, such as newsletters, books, and slide shows.

(Excerpted from the pamphlet, "Out in the World," Firebrand Books, 141 The Commons, Ithaca, NY 14850.)

(Tamara at Abaton Books can help you add this publication to your library.)

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INFORMATION G·U·I·D·E

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Colorado College Gay & Lesbian Alliance: Call 389-6641.

U.C.C.S. Gay & Lesbian Alliance: Call John Miller at 593-3108.

Battered Women Center (for all women): 633-3819.

Count Me In: Meets every Thursday. Call the gay helpline at 471-4429.

Pikes Peak Metropolitan Community Church: Sunday services, 5 p.m. (All Souls Unitarian Church). Child care provided. Call 634-3771 or 391-0110.

Dignity: Lesbian & Gay Catholics & friends. 1st & 3rd Sat. of each month at Sacred Heart Church. 21st & W Colorado. 7pm. Call Michael 635-5773.

EPOC 593- 6015

Gay & Lesbian Adolescent Support Group: El Paso County Department of Health & Environment. Meets every Monday, 5:30 to 6:30 p.m., 801 S. Tejon. Call Regina Dipadova, adolescent therapist,
636-1711.

G.A.A. (Gay Alcoholics Anonymous): Meets 8 p.m. Monday & Friday at All Souls Unitarian Church, 730 N. Tejon. 24-hour hotline: 634-5020. Monday & Saturday open to anyone. Friday closed for alcoholics.

Lesbian and Gays Raising Children: A support group for women and men who have children. Partners encouraged to attend. Discussion and social group for parents and children. Call Cindy at 597-2407.

LCC (Lesbians Choosing Children): A support group especially for women who came out first, then added (or plan to add) children to their lives. Children welcome. Potluck brunch the 2nd Saturday of each month at 10:30 a.m. Call Shellie at 570-1599.

P-FLAG (Parent's Support Group): Meets 2nd Wednesday of each month: 6:30 to 7 p.m. social, 7 to 9 p.m. meeting session. Call Alan 634-2488, days.

S-CAP (Southern Colorado AIDS Project): Call 578-9092.

GTO (Good Times Organization): Social and activities group for men and women. Call Laurie, 473-6372 or Alan, 596-4485.

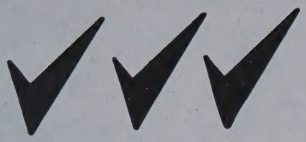
Denver

P-FLAG (Parents and Friends of Lesbians and Gays): Call (303) 333-0286.

S.O.L. (Slightly Older Lesbians): Meets 4th Sat. of each month. Call (303) 388-8611.

Boulder

T.L.C. (The Lesbian Connection): Meets 1st Sunday of each month. P.O. Box 12312, Boulder, CO 80303 (303) 665-6555.



Mission Statement: To encourage cohesion in the Pikes Peak Region's lesbian community by providing an open forum which stimulates, informs and entertains.

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